

# Ashgrove Primary, Monthly School Dinner Menu 2017-2018

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>WEEK 1</b>	Sausages, Beans, Chips, Mashed Potatoes & Tomatoes Sauce ~ Yoghurt & Fruit	Savoury Mince, Sweetcorn, & Mashed Potatoes or Pizza, Sweetcorn, & Salad ~ Flake meal & Milkshake	Roast Chicken, Diced Cabbage, Oven Roast & Mashed Potatoes & Gravy ~ Rice pudding & fruit	Chicken Curry, Boiled Rice, Naan Bread & Carrot Sticks ~ Canadian Tart & Custard	Pasta Bolognaise, Crusty Bread OR Fish Fingers, Peas & Mashed Potatoes ~ Chocolate flavoured sponge & custard.
<b>WEEK 2</b>	Beef Burger, Baked Beans, Chips, Mashed Potatoes & Tomatoes Sauce ~ Yoghurt & Fruit	<u>Buffet</u> 2 Sandwiches 1 chicken Goujon 1 Pizza Carrot sticks, salad ~ Jam Sponge, Custard & Fruit	Roast Chicken, Carrots, Roast & Mashed Potatoes & Gravy ~ Chocolate Steamed Sponge & Custard	Chicken Curry, Boiled Rice, Mixed Vegetables ~ Strawberry Mousse & Fruit	Breaded Salmon Cake, Sweetcorn & Mashed Potatoes or Lasagne, Sweetcorn & Crusty Bread ~ Biscuit, Fruit & Strawberry Milkshake
<b>WEEK3</b>	Fish Fillet, Peas, Chips, Mashed Potatoes & Tomato Sauce ~ Yoghurt & Fruit	Chicken Nuggets, Beans & Mashed Potato or Salmon Cakes, Beans & Mashed Potatoes ~ Egg Sponge Flan & Custard	Roast Pork, Carrot & Parsnip, Oven Roast & Mashed Potatoes & Gravy ~ Biscuit, Fruit & Strawberry Milkshake	Chicken Curry, Boiled Rice, Broccoli & Naan Bread ~ Carrot Cake, Custard	Pasta Bolognaise, Sweetcorn & Crusty Bread OR Pizza, Salad & Crusty Bread, ~ Rice Pudding & Fruit
<b>WEEK 4</b>	Hot Dog, Beans, Chips, Mashed Potatoes & Tomato Sauce ~ Yoghurt & Fruit	Irish Stew & Crusty Bread or Ham & Cheese Panini Salad & coleslaw ~ Apple Crumble & Custard	Roast Beef, Turnip, Oven Roast & Mashed Potatoes & Gravy ~ Cracknel, Custard & Fruit	Chicken Curry, Boiled Rice, Mixed Vegetables & Naan Bread ~ Cupcake & Fruit	Lasagne, Peas, Crusty Bread or Fish Fingers, Peas, Mashed Potatoes ~ Jelly, Fruit & Ice cream

**£2.60 per day**

**£13.00 per week**

**PARENTS MUST APPLY FOR FREE SCHOOL MEALS ANNUALLY**

**Vegetarian Options are available each day**