



Ashgrove Primary School Newtownabbey

Our Weekly Newsletter

ISSUE: 16

FRIDAY 6TH JANUARY 2017

Rights Respecting Schools

Article 11

"Governments must do everything they can to stop children being taken out of their country illegally by their parents or other relatives, or being prevented from returning home"

Welcome back!

It is great to see all our boys and girls back again after the Christmas break. We hope everyone had a relaxing break and are looking forward to the new term ahead. We wish you all a happy and healthy 2017. We extend a very warm welcome to those pupils who have joined Ashgrove over the Christmas period.

Primary 1 Applications for September 2017

Please remember the CLOSING DATE for Primary 1 Applications for September 2017 is **WEDNESDAY 11th January @ 12.00pm**. It is important your application is received before this time. Late applications may not receive their first preference choice of placement. If you know a family with a child of school starting age please remind them of the closing date.

School Website, Facebook & Twitter

We work hard in school to keep you up-to-date with what is happening in Ashgrove Primary. Please remember to regularly check our website, Facebook & Twitter feed for important dates, events and notifications.

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Learning, Caring, Growing Stronger Together

Diary Dates, January-February 1/2 Term 2017

Date	Event
Friday 6 th January	P5-7 to see Aladdin in Waterfront Hall
Wednesday 11 th January @ 12.00pm	Closing Date for Primary 1 applications
Thursday 12 th January	Belfast Giants coming to school (Primary 5) Primary 5&6 Health & Fitness Day!
Friday 13 th January	Primary 1,2,3,4 & 7 Health & Fitness Day!
Monday 16 th January	Primary 1 Health Appraisals (School Nurse)
Friday 20 th January	Primary 1 Health Appraisals (School Nurse)
Saturday 28 th January	AQE Results received by P7 pupils
Monday 30 th January- Friday 3 rd February	Completion of Primary 7 Transfer Forms with parents
Friday 13 th February- Friday 17 th February	School CLOSED for 1/2 Term (Inclusive)
Monday 27 th February	Parent Teacher Consultations (12.00pm finish)
Tuesday 28 th February	Parent Teacher Consultations (12.00pm finish)
Wednesday 1 st March	Parent Teacher Consultations (12.00pm finish)

After School Clubs-January 2017

All teacher led After School Clubs will recommence next week - **MONDAY 9TH JANUARY**.

Galaxy Multi Sports will recommence for **P1&2 1.50-2.50pm on WEDNESDAY 11th January**. Primary 5 pupils will be invited to attend Galaxy Multi Sports 3.00-4.00pm starting on Wednesday 11th January- Miss Morrison will send home a permission slip very soon.

School Meals price increase...

Please note that from **January 2017** the Education Authority has INCREASED the price of School Meals by 5 pence per day. A School Meal will now cost **£2.55** per day. This increase is applied to ALL schools. The cost of School Dinners for 1 week will now be £12.75, please continue to send all monies to school each Monday.

School Council Meeting

Mrs Carberry will be meeting with our School Councillors and Rights Respecting Schools Ambassadors **on Thursday 19th January, 2.10pm** in Miss Crozier's room.



Head Lice Awareness- What to do...

Occasionally, some cases of head lice in school come to our attention. It is therefore essential that all parents and carers check their children's hair regularly for signs of lice and their eggs.

Having head lice, also called nits, does NOT mean that a child is dirty or unkempt. Children are most commonly affected and anyone with hair can catch them. If you find head lice in your child's hair don't panic- this is easily treated.

Here is some advice provided by the NHS which parents and carers may find useful:

If you think your child may have head lice:

- ✓ Check your child's hair. The most common places for head lice are in the hair behind the ears and at the nape of the neck.
- ✓ If you still can't spot any lice, comb the child's hair with a special 'nit comb'. These are available from most chemists. It's easier to spot head lice as they fall out if you comb the hair over a piece of white paper.

Treating head lice...

If head lice are present, you must treat your child promptly. You should only treat your child if you find live head lice. Don't treat 'just in case'.

Head lice are tough. They can't be killed by washing with normal shampoo or normal combing. Because they reproduce so quickly, you've got to kill them before they spread.

If your child has head lice, check everyone in the family. You'll need to treat everyone affected to get rid of them.

Some treatments need be done twice – seven days apart – to make sure any newly hatched lice are killed.

You can treat head lice by wet-combing hair with a special comb, or by using medicated lotions or sprays available over the counter at pharmacies and some supermarkets. Your GP may also be able to help. Everyone with head lice in your household should be treated on the same day. **(There is no need to keep your child off school if you find head lice, simply administer the treatment and come to school as usual).**

"There's also no need to stay off work or school or wash clothing and laundry on a hot wash, as this is unlikely to be useful"

For more information, visit: <http://www.nhs.uk/Conditions/Headlice/Pages/Treatment.asp>



Health & Fitness Days-January 2017!

I am sure some of us have overindulged during Christmas... to help raise awareness of the importance of healthy lifestyle choices and taking exercise we are organising some fun and exciting physical activities in January.

Miss McDowell and Miss Crozier have very kindly organised two Health & Fitness Days for our boys and girls- this supports our work towards our Rights Respecting Schools status and supports Article 24 of the UN Convention on the Rights of the Child

Article 24: Children have the right to safe drinking water, nutritious food, a clean and safe environment and information to help them stay healthy

There will be two Health & Fitness Days taking place in school on Thursday 12th and Friday 13th January. All pupils will have the opportunity to take part in a fun workshop provided by external coaches. Pupils will also complete a mile run/walk outside (weather permitting).

Thursday 12th January:

- ☺ P5- Visit from Belfast Giants Workshop!
- ☺ P6- Dodge Ball session led by external coaches

Friday 13th January:

- ☺ P1&2- Wildcats session (focus on fundamental movement skills)
- ☺ P3&4- Zumba Dance Class run by and external coach
- ☺ P7- Tennis in Valley Leisure Centre

Pupils will be provided with a snack of pineapple sticks and water on the day of their activity which has been kindly donated to school by McDonalds.

We kindly ask that each child donates 50p towards the cost of sports coaches and activities. Children may come to school in appropriate Sportswear on the day of their activities.



School Dinner Menu (£2.55 per day)

Monday 9th January

Beef Burger, Beans, Chips, Mashed Potatoes
& Tomato Sauce

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Egg Sponge Flan, Fruit & Custard

Tuesday 10th January

BUFFET

2 Sandwiches, 1 Chicken Goujon, 1 Pizza, Carrot Sticks
& Salad

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Jam Sponge, Custard & Fruit

Wednesday 11th January

Roast Loin of Pork, Cabbage, Oven Roast +
Mashed Potatoes & Gravy

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Chocolate Steamed Sponge, Custard & Fruit

Thursday 12th January

Chicken Curry, Boiled Rice, Naan Bread
& Mixed Vegetables

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Strawberry Mousse & Fruit

Friday 13th January

Breaded Salmon Cake, Peas, Sweetcorn &
Mashed Potatoes

OR

Lasagne, Peas, Sweetcorn & Crusty Bread

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Biscuit, Fruit & Strawberry Milkshake

HEALTHY BREAK

P1-4, 30p per day

Tuesday: Toast, Green Apple & Cucumber

Friday: Crusty Bread, Melon & Carrot

Safeguarding & Child Protection reminders

Safeguarding and Child Protection is very important to us in Ashgrove Primary. As such I would like to remind parents about how to report any Safeguarding concerns you may have...

1. If you have any worries or concerns about the welfare of Safeguarding of any child in our school you can report your concern to the class teacher.
2. If you are still concerned speak with Mrs Luney (Designated Teacher for Child Protection). If she is not available speak with Miss McLaughlin (Deputy Designated Teacher for Child Protection).
3. If you are still concerned you can write to the Chairperson of the Board of Governors- Mr Gerard McIlroy.
4. At any time you can talk or write to a Social Worker or the Police.

Our Safeguarding/Child Protection Policy is freely available on our website or we are happy to give you a paper copy by request. Our website also contains a dedicated page to Safeguarding/Child Protection and the procedures to follow.

