

# Ashgrove Primary Scho townabb **Our Weekly Newsletter**

ISSUE: 08

FRIDAY 14TH OCTOBER, 2022

## RIGHTS RESPECTING SCHOOLS

Article 4

"Governments must do all they can to make sure every child can enjoy their rights."

In school we actively promote an awareness of the rights of our children, this includes the right to an education, health care and to be kept safe and free from harm.

## HALF TERM HOLIDAY REMINDER

School Closes for the Half Term Holiday from Monday 31st October- 4th **November (inclusive).** School will restart on Monday 7<sup>th</sup> November at the usual times.

# SAFE DRIVING IN AND NEAR SCHOOL

Some of you may have noticed the Community Police in a patrol vehicle this morning in school grounds and outside the school gates. The local Police are working with the school to help with safe parking and ultimately the safety of our pupils. They will be carrying out regular checks on the Ashgrove Road and in our Turning Circle... It is very important you do not park across the zebra crossing or on the hazzard lines.

Please ensure the safety of everyone when you park your car or drive in or near the school.

> ASHGROVE ROAD, NEWTOWNABBEY, CO ANTRIM, BT36 6LJ T: 028 9084 8734

E: INFO@ASHGROVEPS.NEWTOWNABBEY.NI.SCH.UK

WWW.ASHGROVEPRIMARY.COM

Learning, Caring, Growing Stronger Together





## HEALTHY BREAKS FOR SCHOOL

We ask that parents and carers support the school in observing our Healthy Break Policy. Have a healthy snack during school, rather than sugary foodstuffs helps our children to concentrate and learn in class...

The Public Health Agency have shared the following advice for parents and carers for Healthy Breaks in Schools...

**DRINKS:** It is important that children drink enough during the day. Milk (unflavoured) and water are the most suitable drinks for children. In Ashgrove PS we ask that children drink water in class — no fizzy drinks, smoothies etc. — these contain lots of hidden sugar which are harmful to teeth and can spike blood sugars.

**BREAD BASED SNACKS:** Bread based snacks can help meet the extra energy needs children require and help them to feel more satisfied. This includes white or wholemeal, rolls, bagels etc

**NOT SUITABLE:** Sugary spreads, including jam, honey, marmalade or chocolate spread.





























## THANK YOU!

I would like to take the opportunity at the Half Term break to thank all members of staff in school for their hard work and efforts in making the first Half Term smooth as it could be. We are so proud of how the children have settled back in to school life once again — they are a credit to you at home and we are grateful for your support and encouragement.

## AFTER SCHOOL CLUB

During the Parent Teacher Consultations our After School Club has been extended to start from 12.15pm. This is to help parents who are unavailable to collect children at their ½ day staggered times from school Monday-Wednesday. Please book spaces at the Club in advance online via SchoolMoney when this is available.

#### PARENT TEACHER CONSULTATIONS

Yesterday, you should have received a text and email asking you to select a day and time for your parent teacher consultation Monday 24<sup>th</sup> – Thursday 27<sup>th</sup> October (inclusive). **All children will go home at earlier staggered times during these days.** If for any reason you are unable to select a consultation for your child, please email us on <a href="mailto:info@ashgroveps.newtownabbey.ni.sch.uk">info@ashgroveps.newtownabbey.ni.sch.uk</a>

As outlined in correspondence sent home, the consultations will take place online, you will receive an automatic email of confirmation and a reminder message before your scheduled time.

As a reminder, staggered home times are as follows

P1&2: Home 12.00pm P3&4: Home 12.10pm P5-7: Home 12.20pm School meals will be served 24.10.22-27.10.22 at an earlier time before the children go home

# SCHOOL DINNER MENU

#### Monday 17th October

Breaded Chicken Bites, Baked Beans & Chips or Baked Potato

Jelly & Ice Cream with Fruit

## Tuesday 18th October

Pasts Bolognaise, Crusty Bread & Cheese

Melon & Cookie

#### Wednesday 19th October

Roast Beef, Stiffing, Gravy, Carrots, Mashed & Roast Potato

Chocolate Brownie & Banana

#### Thursday 20th October

**BUFFET** 

Sandwiches (Chicken/Cheese), Fish Bite, Pizza Fingers, Cocktail Sausages & Carrot Sticks

Fruit Muffin & Milkshake

#### Friday 21st October

Chicken Curry, Boiled Rice, Naan Bread & Garden Peas

Fruit Crumble & Custard

School meals for the week ahead should be booked online via SchoolMoney.





