



# Ashgrove Primary School Newtownabbey

## Our Weekly Newsletter

ISSUE: 08

FRIDAY 5<sup>TH</sup> OCTOBER 2023

### RIGHTS RESPECTING SCHOOLS

*Article 3 "The best interests of the child must be a top priority."*

*In school we strive to ensure that we keep the best interests of our children at the fore of everything we do. The above article is written in our new policies and is embedded in the ethos statement of our school.*



## Half Term approaching

**School is closed for Half Term Monday 30th  
October - Friday 3rd November inclusive  
Keep safe during the dark evenings!**



**Learning, Caring, Growing Stronger Together**

## FLU VACCINATIONS...

Our Flu Vaccinations are due to take place in school on **MONDAY 20<sup>th</sup> OCTOBER.** These are administered by the Community Nurse via a nasal spray (no needles are required). Please note that we cannot administer the vaccination unless we have permission from home. Parents are not required to attend.

## HEALTHY BREAKS FOR SCHOOL

The Public Health Agency have shared the following advice for parents and carers for Healthy Breaks in Schools...

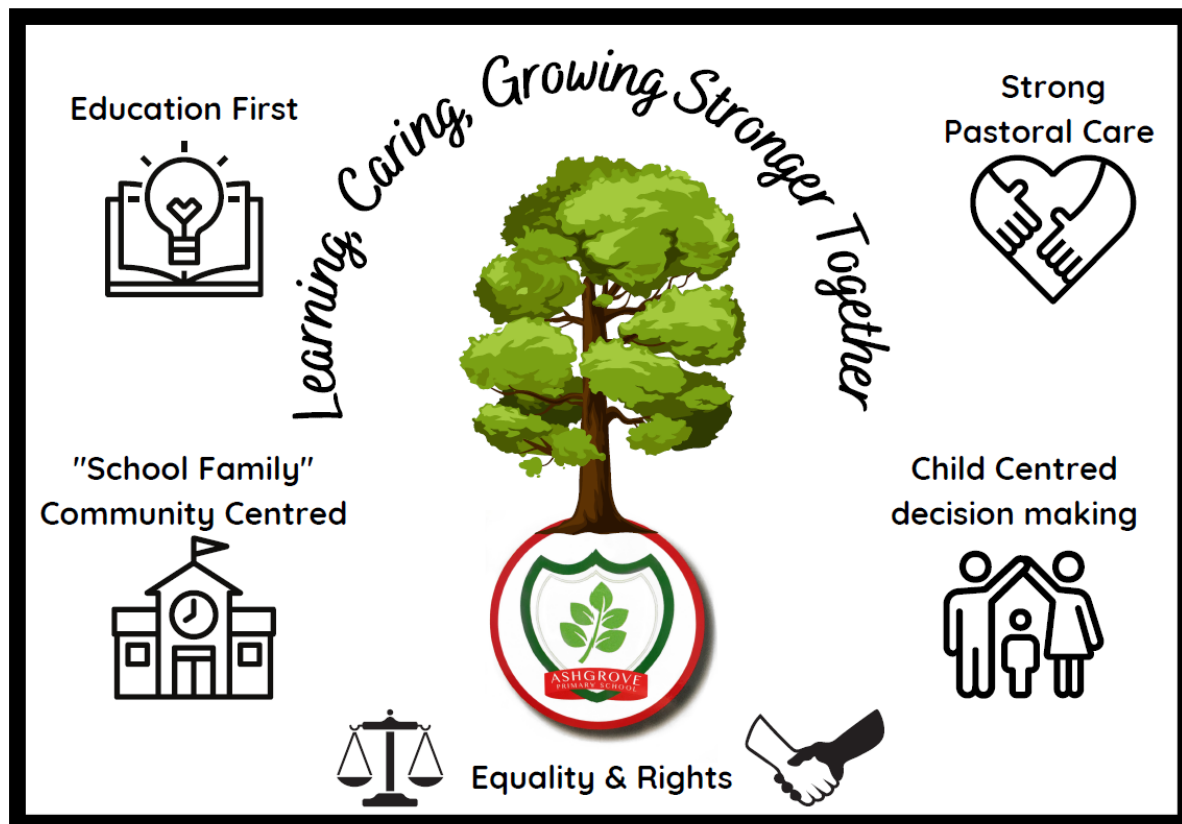
**DRINKS:** It is important that children drink enough during the day. Milk (unflavoured) and water are the most suitable drinks for children. In Ashgrove PS we ask that children drink water in class – no fizzy drinks, smoothies etc. – these contain lots of hidden sugar which are harmful to teeth and can spike blood sugars.

**BREAD BASED SNACKS:** Bread based snacks can help meet the extra energy needs children require and help them to feel more satisfied. This includes white or wholemeal, rolls, bagels etc

**NOT SUITABLE:** Sugary spreads, including jam, honey, marmalade or chocolate spread.

## SCHOOL ETHOS THINKING FRAME

Our Five Core Values



## PTFA HALLOWEEN BAKE SALE!

The PTFA are very excited to bring to you our next fundraiser: the 'No tricks, just treats', baking competition and bake sale. The children will have the opportunity to bake some spook-tastic buns, ready to be judged and sold on **FRIDAY 13TH OCTOBER**. The day's events are as follows:

- Children are to bring their home-bakes (clearly labelled in a sealable container) into school by 9.00 a.m. on the morning of Friday 13th October. The children will go to their classrooms as normal and can then **deliver their bakes to the main hall**, ready for judging. (Containers will be returned by Monday).
- At 2.00 p.m., P1 and P2 can be collected and then brought round to the main school hall, to buy some delicious buns.
- At 2.50 p.m., KS1 and KS2 children can be collected and then brought round to the main school hall to buy their buns. The bake sale will end at approx. 3.30 p.m.
- The winning bakers from FS, KS1 and KS2 will be awarded a bespoke 'Ashgrove Star Baker' apron and chef hat.

**The prices of buns will range from £0.30 - £1.00. If you would like to purchase anything, please ensure that you bring change with you! (Thank you).**

Miss McConvey (PTFA Chairperson) has also emailed home a note with more information today – please check you emails!



## NEUROSCIENCE WEEK...

Mrs McGivern is organising a Neuroscience Week (week commencing Monday 23<sup>rd</sup> September). Pupils will learn all about how to keep our brains healthy and how our memory works!

As part of Neuroscience week a number of visitors will come to school and take workshops with KS1 and KS2 pupils.

**We will send home more information next week!**







### PTFA HALLOWEEN DISCO...

The PTFA are organising a Halloween Disco for **Thursday 26<sup>th</sup> October**. There will be Junior and Senior Disco at the following times:

- **P1-4 4.00-4.45pm**
- **P5-7 5.00-5.45pm**

Tickets cost £5.00 and can be bought online via SchoolMoney. Tickets will go on sale from **Monday 9<sup>th</sup> October**. The ticket price includes a drink and snack. To help us safely supervise and recognise the children while they are having fun at the disco, Halloween Face Masks will not be permitted. (Please keep costumes light-hearted).

The Disco will be supervised by PTFA staff – due to limited space in the Hall, parents/carers are unable to attend.

Pupils may arrive to school 10 minutes prior to the start and should enter via the P1 Entrance/Exit Door. When leaving, pupils should exit via the P3/5 Gate – please collect your child from there.

As the evenings are dark, we will not permit pupils to walk home from school unaccompanied by their legal parent or carer (or a person with parental responsibility).



## SCHOOL DINNER MENU

<p><b>Monday 9<sup>th</sup> October</b></p> <p>Golden Crumbed Fish Fingers with Baked Beans/Coleslaw, Chips or Mashed Potatoes</p> <p style="text-align: center;">~</p> <p>Arctic Roll with Peaches &amp; Pears</p>	<p><b>Tuesday 10<sup>th</sup> October</b></p> <p>Italian Beef, Crusty Roll &amp; Garden Peas</p> <p style="text-align: center;">~</p> <p>Fresh Fruit Pot</p>
<p><b>Wednesday 11<sup>th</sup> October</b></p> <p>Roast Beef, Carrot &amp; Parsnip/Cauliflower Cheese. Mashed/Oven Roasted Potatoes</p> <p style="text-align: center;">~</p> <p>Melon Wedge</p>	<p><b>Thursday 12<sup>th</sup> October</b></p> <p>Lunch Bunch Chicken Curry &amp; Naan Bread, Mini Corn on the Cob with Steamed Rice</p> <p style="text-align: center;">~</p> <p>Lemon Drizzle Cake &amp; Custard</p>
<p><b>Friday 13<sup>th</sup> October</b></p> <p>Tasty Pork Sausages with Tomato Ketchup/Gravy with Peas/Spaghetti Hoops, Chips or Mashed Potato</p> <p style="text-align: center;">~</p> <p>Decorated Fairy Cake</p>	<p><b>School meals for the week ahead should be booked online via SchoolMoney.</b></p> <p style="text-align: center;">Thank you!</p> <p>Breakfast Club is also available from 7.45am</p>

## NSPCC SPEAK OUT STAY SAFE ASSEMBLY

We are delighted to be working once again with the NSPCC on key safeguarding messages in our school. As such, we have arranged two age and stage appropriate Assemblies for all children in school.

Key safeguarding messages will be delivered to all children in or Junior and Senior Assemblies followed by workshops for P6&7 pupils. This forms part of our Safeguarding/Preventative Curriculum. We will write to you separately with more information about what will be covered during the Assemblies and P6/7 workshops.

In the meantime, if you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout)

We appreciate the help of our families and parents at home in reinforcing key safeguarding messages – there are some excellent resources online on the NSPCC website.

